

Local Information - Area 2 (Central)

Laura Gillespie – Vision Loss Advisor
07824 363368

Information provided by
Herts Vision Loss - 01707 324680

Social Clubs

Sight Life

Social Club for young people, 18 and overs. Quiz, talk session, entertainment, tea & cake. Wednesday mornings 10.00am-12.00pm at The Woodside Centre, The Commons, Welwyn Garden City, Hertfordshire, AL7 4SE. Contact: sightlife@hotmail.co.uk or Laura Gillespie on 07824 363368

Welwyn Garden City - The Thursday Club

2nd Thursday of the month 2pm – 4pm
At Guessens Grove Hall, Guessens Road, Welwyn Garden City.
Contact – Mrs Vera Weeden on 01707-327370

Potters Bar Circle for the Blind

Contact - Mrs G Rickards, 16 Green Meadow, Potters Bar
Call 01707 657194 for details of meeting times (Thursdays 7.45pm). The Club also arranges occasional evenings out and one summer trip out.

St. Albans Macular Group

Meeting once a month with a speaker 2nd Tuesday monthly - 2.00pm - 3.30pm
United Reform Church Hall, Homewood Road, St. Albans
Contact - Sue Fennell on 01727 852492

Little Heath & Potters Bar Circle for the Blind

Furzedown Court Centre, Mutton Lane. Thurs 7.45pm. Theatre trips Mon evening. Mrs Rickards 01707 657194

St. Johns Guild Fellowship (St. Albans)

Contact: Mrs. Sylvia Hayes 01727-864076

Contact the Elderly (St Albans and Harpenden)

A group of volunteer drivers use their cars to collect the same elderly people once a month on a Sunday afternoon and together they visit a volunteer host for tea and an informal social afternoon. The group visits a different host each month and arrive at the host's home around 3pm and leave again around 5pm. This monthly outing with friends is something our members look forward to with great pleasure, as for many, the outings are a lifeline of friendship. This service is completely free. Please call the Freephone number to register your interest: 0800 716 543.

Talking Newspapers

Welwyn Hatfield ("WHAT NEWS")

Contacts: Robert Handscomb: robert@handscomb.co.uk or 07710 177271

Hilary Withers (Chair) 07960 865660 or hilary@fancypantshire.co.uk

John Kirby: johnjohnjk@yahoo.co.uk

St. Albans

Mrs, Linda Randall. Please call: 01582 832275.

Transport

Dial-A-Ride

The Dial-A-Ride service is available in Broxbourne, Hertford, Ware, Potters Bar and Waltham Cross from 9.00am-7.00pm Monday to Saturday. To register with the service please telephone 01707-281755. To book a ride please telephone 01923-443388 between 9.00am-5.30pm Monday to Friday or 9.00am-1.00pm on Saturday.

Voluntary Car Schemes

St. Albans Good Neighbour Scheme: 01727-830713

Redbourn Care Group: 01582-794550 (9.30-12.00 Mon-Fri)

Wheathampsted Welfare Group: 01582-833186

Welwyn Hatfield CVS – Community Car Scheme

Contact - 01707 273875 40p per mile from DRIVERS base/home

Travel link (formerly NHS Transport for Hospital Appointments)

Call 01438 737252 to book - Check status after booking call 01707 224015

Herts Action for Disability Transport Scheme

HAD will provide transport at cheaper rates than taxis on a country wide basis. Contact: 01707 375159 to find out more.

Harpenden Helping Hand

For anyone in Harpenden who needs a 'helping hand', whatever their age or circumstances. Befriending, collecting prescriptions or shopping. The single biggest activity though is transport. Trips to hospitals and doctors' surgeries, the Day Centre, the dentist and the shops - when taking public transport or a taxi would be difficult. All that is asked for is a small donation.

Contact: 01582 712587 or Denis.o.donovan@btinternet.com

Sports

Barnet Blind and Partially Sighted Bowls Club

Bowls for blind and partially sighted, of all ages. The club meets at various greens around Barnet and Finchley on Tuesday and Friday afternoons.

Coaching is available for new members.

Contact - David James on 020 8906 8654 or james_davidgj@yahoo.co.uk

Kestrel Sports Club

Gosling Stadium, Welwyn Garden City. Fortnightly, Saturday evenings 7pm - 9pm. Facilities for Archery, Short-Mat Bowls, Carpet Bowls, Skittles, Table Games and Darts. Age 18+. Contact Ian Martin – 07939 268169; Home: 01992 300712

Platypus Swimming Club for the Handicapped

Hatfield Swim Centre, Lemsford Road, Hatfield, AL10 0EB. Sundays from 11.00am to 1.00pm. Contact Loraine Selby, Secretary on 01438 716963 or Mrs Joan Barratt, Chairman on 01707 264275

Resource Centre

The Woodside Centre – Welwyn Garden City

A large amount of equipment designed to assist visually impaired people is on display at our resource centre. Please make an appointment on 01707 324680 to ensure a member of staff is available.